

# 1 Young Bodies



## WHAT NEEDS TO CHANGE

- Comprehensive sexuality education must begin in early childhood, not at puberty.
- Accurate anatomical language and teaching on bodily autonomy should be standard, not contested.



## WHAT YOU CAN DO

**Parents and caregivers:** Age-appropriate conversations about bodies and boundaries are protective. Start early and keep going.

**Educators:** Advocate for evidence-based content across all year groups, not just adolescence.



## LEARN MORE

UNESCO International Technical Guidance on Sexuality Education (2018)

[www.amaze.org](http://www.amaze.org) - free videos for young people and families



World Sexual Health Day (WSHD) is celebrated every year on September 4. The World Association for Sexual Health (WAS) launched the first WSHD in 2010, to bring the global community together to promote sexual health and well-being.

